

## Cementation of Crowns or Fixed Bridges

You have just had a crown or fixed bridge cemented into your mouth. This will replace your missing tooth structure or missing teeth and provide years of service if, you will observe the following suggestions:

1. **Chewing:** Do not chew hard foods on the restorations for 24 hours from the time they were cemented. The cement must mature to have optimum strength.
2. **Sensitivity:** Don't worry about mild sensitivity to hot or cold foods. It will gradually disappear. Occasionally, home fluoride is used to speed up the process. 200 - 400 mg of ibuprofen can be taken as needed if you are uncomfortable and wish to reduce tenderness in the area. This should only be necessary for a few days after crown placement.
3. **Care and Maintenance:** Plan on visiting us for your regular six month checkups. Often problems that are developing around the restoration can be found at an early stage and corrected easily, while waiting may require replacement of the entire crown or bridge.
4. **Problems:** If one or more of the following conditions occurs, contact us immediately to avoid further problems:
  - A feeling of movement of looseness in the restoration.
  - Sensitivity to sweet foods.
  - A peculiar taste from the restoration site.
  - Breakage of a piece of material from the restoration site.

We have done our best to provide you with the finest quality restoration available today. However, as with any fine product, only your continuing care will assure you of optimal longevity.

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